

Information For the User
Telmisartan 80mg + Amlodipine 5mg + Hydrochlorothiazide 12.5mg Tablet

Telbolife AMH 80 Tablet

Brand Name: Telbolife AMH 80 Tablet

Dosage Form: Tablet

Therapeutic Category: Antihypertensive Combination

Composition:

Each uncoated tablet contains:

- **Telmisartan I.P.** – 80 mg
- **Amlodipine Besylate I.P.** – 5 mg
- **Hydrochlorothiazide I.P.** – 12.5 mg

Description:

Telbolife AMH 80 Tablet is a fixed-dose combination of **Telmisartan**, **Amlodipine**, and **Hydrochlorothiazide**, designed to effectively manage **hypertension**.

- **Telmisartan:** An angiotensin II receptor blocker (ARB), which helps to relax blood vessels and reduce blood pressure.
- **Amlodipine:** A calcium channel blocker that helps to relax and widen the blood vessels, improving blood flow and lowering blood pressure.
- **Hydrochlorothiazide:** A diuretic (water pill) that helps the kidneys remove excess salt and water from the body, further lowering blood pressure.

Indications:

- **Essential hypertension:** Effective in the treatment of high blood pressure.
- **Hypertension-related cardiovascular protection:** Reduces the risk of **heart failure**, **stroke**, and other cardiovascular complications.

Dosage and Administration:

- **Recommended Dose:** 1 tablet once daily.
- **Administration:** Take the tablet with or without food, preferably at the same time each day for better efficacy.
- **Dose Adjustment:** The dose may be adjusted depending on the patient's blood pressure response.

Contraindications:

- Hypersensitivity to **Telmisartan**, **Amlodipine**, **Hydrochlorothiazide**, or any other components.
- **Severe renal impairment** or **anuria**.
- **Pregnancy** and **breastfeeding**.
- **Hypersensitivity** to sulfonamide-derived drugs (for Hydrochlorothiazide).

Precautions:

- **Renal Function:** Monitor kidney function periodically, particularly in patients with renal impairment.
- **Electrolyte Imbalance:** Regular monitoring of **potassium, sodium, and creatinine** levels is advised, as **Hydrochlorothiazide** may cause electrolyte disturbances.
- **Hypotension:** Use with caution in patients with **volume depletion** or **salt depletion**.
- **Liver Dysfunction:** Monitor liver function tests in patients with liver disorders.

Adverse Effects:

- **Common:** Dizziness, fatigue, headache, swelling of the ankles or feet, and palpitations.
- **Serious:** **Renal dysfunction, hyperkalemia, hypokalemia, gout, orthostatic hypotension,** or allergic reactions.

Storage:

- Store below **25°C** in a cool, dry place.
- Protect from light and moisture.
- Keep out of the reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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